

# ENROLMENT GUIDE

Graduate Certificate in Wellbeing Studies



**ALPHACRUCIS**  
UNIVERSITY COLLEGE

# GRADUATE CERTIFICATE IN WELLBEING STUDIES

## Course overview

The Graduate Certificate in Wellbeing Studies is a flexible course that will teach you the psychology of emotion and wellbeing, as well as allowing you to choose from a broad range of social science topics.

### Course Duration

Full-time load 6 months

Part-time up to 2 years

### Course Structure

The course structure is based on one semester (13 weeks duration), with four subjects taught in the semester. It comprises:

- 4 core subjects (40 credit points)

To qualify for award of the degree of Graduate Diploma in Counselling a candidate shall accrue an aggregate of at least 40 credit points including completion of the core subject and three electives.

Contact the Program Director, Dr Katherine Hurrell, for more information on the Graduate Certificate in Wellbeing Studies award by emailing: [katherine.hurrell@ac.edu.au](mailto:katherine.hurrell@ac.edu.au)

## What you need to know

### Elective Subjects

Any SSC unit that is not classified as a core unit within the Master of Counselling award is classified as an elective subject.

Before enrolling into an elective subject, ensure you have met the pre-requisite for that unit.

### Pre-requisites

A pre-requisite is a unit that must be successfully completed before attempting another unit. For example, in order to attempt SSC514, you must complete SSC412. Students must have completed the pre-requisite to enrol in the subject.

### Course Levels

400 or 500 level is indicated in the course code e.g., SSC410 is a 400-level Social Science unit, whereas RES500 is a 500-level Research unit. The units increase in difficulty and build upon content and concepts that have come before.

### Timetables

To check if units are available at your campus, Online Live, or Online Recorded, or for timetable information please visit our [Timetable](#).

For more information about this course see the [course handbook](#) located on the AC website.

## HOW TO ENROL?

Enrol through your [Student Gateway](#). For further assistance with enrolment or regarding changes in your course, contact the Student Support Team: [studentsupport@ac.edu.au](mailto:studentsupport@ac.edu.au)



**FEE-Help Available**

# COURSE STRUCTURE

Students are to complete 1 core subject and 3 elective subjects.

## CORE UNITS / 1 UNITS

CODE	SUBJECT TITLE	CREDIT POINTS	PRE-REQ
SSC410	Psychology of Emotion and Wellbeing	10	-

## ELECTIVE UNITS - CHOOSE 3 OF THE FOLLOWING

CODE	SUBJECT TITLE	CREDIT POINTS	PRE-REQ
SSC410	Psychology of Emotion and Wellbeing	10	-
SSC411	Case Management	10	-
SSC412	Counselling Practice I	10	-
SSC510	Human Lifespan Development	10	SSC410
SSC511	Principles of Psychology	10	-
SSC512	Grief and Loss	10	SSC412 or 40cp
SSC513	Social Identity In Australia	10	SSC410
SSC514	Counselling Practice II	10	SSC412
SSC516	Mental Health	10	SSC410
SSC517	Applied Counselling Theories	10	SSC412
SSC518	Working with Trauma	10	SSC410
SSC520	Professional Considerations (Ethics)	10	-
SSC530	Cognitive Behavioural Therapy	10	SSC410
SSC531	Solution Focused Therapy & Positive Psychology	10	SSC412
SSC534	Chaplaincy and Pastoral Care	10	SSC410
SSC535	Culturally Diverse Practice	10	-
SSC536	Australian Aboriginal Studies	10	SSC410
SSC537	Working with Addictions	10	SSC410
SSC538	Working with Relationships	10	SSC410
SSC539	Working with Children & Young People	10	SSC412 or 40cp
SSC540	Engaging Families	10	SSC410 or SSC412