

# ENROLMENT GUIDE

Master of Counselling



**ALPHACRUCIS**  
UNIVERSITY COLLEGE

# MASTER OF COUNSELLING

## Course overview

### Course Duration

Full-time load: 2 years

Part-time: Up to 4 years

### Study Modes

Face-to-face, Online\*, Blended

\*Some subjects must be completed face-to-face to meet professional accreditation requirements

### Intakes

Semester 1, Semester 2, Summer School

### Course Structure

The full time course structure is based on four semesters (each of 13 weeks duration), with four subjects taught in each semester. It comprises:

- 12 compulsory core subjects (120 credit points)
- 3 elective subjects (30 credit points of SSC units).\*
- 1 Capstone project (10 credit points)

To qualify for award of the degree of Master of Counselling a candidate shall complete at least 160 credit points, including satisfactory completion of the core and elective subjects.

\*One of these must be a counselling modality such as:

- SSC531 Solution Focused Therapy and Positive Psychology
- SSC536 Cognitive Behaviour Theories and Therapies

## What you need to know

### Elective Subjects

Any SSC unit that is not classified as a core unit within the Master of Counselling award is classified as an elective subject.

Before enrolling into an elective subject, ensure you have met the pre-requisite for that unit.

### Pre-requisites

A pre-requisite is a unit that must be successfully completed before attempting another unit. For example, in order to attempt SSC514, you must complete SSC412. Students must have completed the pre-requisite to enrol in the subject.

### Course Levels

400 or 500 level is indicated in the course code e.g., SSC410 is a 400-level Social Science unit, whereas RES500 is a 500-level Research unit. The units increase in difficulty and build upon content and concepts that have come before.

### Timetables

To check if units are available at your campus, Online Live, or Online Recorded, or for timetable information please visit our [Timetable](#).

*For more information about this course see the [course handbook](#) located on the AC website.*



# What should I enrol in?

## Core Units

The following three units contain foundational content that the rest of the course builds on. They are also pre-requisites for most of the other units so it's important that you complete these in your first semester (first two semesters if studying part time).

- RES401 Postgraduate Research and Writing
- SSC410 Psychology of Emotion and Wellbeing
- SSC412 Counselling Practice I

The following are all core units, it's recommended that you take them during your first three semesters. **See page 4 for a suggested full time enrolment pattern.**

- SSC510 Human Lifespan Development
- SSC514 Counselling Practice II
- SSC516 Mental Health
- SSC517 Applied Counselling Theories
- SSC520 Professional Considerations
- THE401 Christian Worldview

Not all units are available every semester. Check the [timetable](#) for unit availability.

## Electives and Capstone

You will also need to complete the following. It is recommended that these units are taken towards the end of your degree.

- Two SSC units (20 credit points) at 400 level or above.
- At least one counselling modality unit such as:
  - SSC531 Solution Focused Therapy and Positive Psychology or
  - SSC536 Cognitive Behaviour Theories and Therapies
- Capstone research unit:
  - RES500 Independent Guided Research

## Placement

Your placement comprises of two units:

- SSC519 Professional Accountability
- SSC500 Professional Practice (100 hour Placement)

SSC519 is a weekly supervision class that runs alongside SSC500. These two units **must be taken at the same time**. They are typically completed in the final semester of your degree. [See more information about placements here.](#) Students must complete SSC520 Professional Considerations and a counselling modality unit before undertaking placement.

## Cross Credits and RPL

If you have completed previous studies/work experience in the same or related areas, you may be eligible to receive credit towards one of the units in your program. There are two main types of credit:

A **cross credit** is awarded for similar study completed elsewhere or as part of a different degree. Cross credits can be granted as:

- A like for like credit for one of the units in the degree.
- An unspecified cross credit - full credit for a certain amount of credit points, but not correlating specifically to any particular unit. Unspecified credits usually function as one of your electives.
- An exemption without credit - i.e. you won't need to complete a particular unit, but will need to complete another elective in its place.

**Recognition of prior learning** (RPL) is credit granted in light of professional experience.

Requests for credit are made via the [Student Gateway](#). You will need to provide adequate evidence of meeting learning outcomes for the requested units e.g., transcripts, unit outlines or a detailed resume.

# RECOMMENDED COURSE PROGRESSION

## FIRST YEAR:

### SEMESTER 1

CODE	SUBJECT TITLE
RES401	Postgraduate Research and Writing
SSC410	Psychology of Emotion and Wellbeing
SSC412	Counselling Practice I
SSC510	Human Lifespan Development

### SEMESTER 2

CODE	SUBJECT TITLE
THE410	Christian Worldview
SSC514	Counselling Practice II
SSC516	Mental Health
-	General Elective

## SECOND YEAR:

### SEMESTER 1

CODE	SUBJECT TITLE
SSC535	Culturally and Socially Diverse Practice
SSC517	Applied Counselling Theories
SSC520	Professional Considerations
-	Counselling modality unit (e.g. SSC536)

### SEMESTER 2

CODE	SUBJECT TITLE
SSC519	Professional Accountability
SSC500	Professional Practice
RES500	Independent Guided Research
-	General Elective

## How to enrol in units

Enrol through the [Student Gateway](#). For further assistance with enrolment or regarding changes in your course, contact the Student Support Team: [studentsupport@ac.edu.au](mailto:studentsupport@ac.edu.au)

## How to track your progress

Use this [course progression worksheet](#) to track your progress through your degree.